4521 Carpenter Ave. Studio City, Ca. 91607 Phone: 818 760-3884 Cell 818 793-1617 Fax 818 760-3896

## **Free Throws With Sole**



RECEIVED CENTRAL FAX CENTER DEC 1 9 2006

To:	Mitra Aryanpour		From:	Dan Karavas
Fax:	571 273-8300		Date:	November 17, 2006
Phone:	571 272-1105		Pages:	5
Re:	Patent Application	10711158	CC:	Gene Kim
☐ Urgent	:	□ Please Comn	nent x P	rlease Reply ☐ Please Recycle
•Commer	nts: [Click here and t	ype any comments]		
Dear Mitra				·
arch). Free	Throws with Sole is	I references and they not an orthopedic app hooting basketball fre	olication an	thopedic in nature(molded to fit with an d it is flat It is used as a training device
Regards,	•			
Dan				

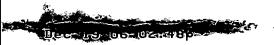
RECEIVED
CENTRAL FAX CENTER

DEC 1 9 2008

- A. Free Throws With Sole
- B. "Not Applicable"
- C. "Not Applicable"
- D. "Not Applicable"
- E. "Not Applicable"
- F. 1. Technical Field 2. No related prior art.
- G. Free Throws With Sole is a teaching method which incorporates an insert(sole) to improve stability in shooting free throws. J.L. Hudson(1985) of Rice University did a study on prediction of basketball skill using biomechanical variables and found that poor shooters were distinguished by instability.

## H. See Attached Drawing

- I. J.L. Hudson in the same study(G) concluded "greater stability is related to higher skill". Stability is sustained by the sole. The sole trains and provides muscle memory to the heels of the feet to maintain contact with the floor while executing free throws. The definition of stability is the resistance to disruption of equilibrium. The method and the insert provides ultimate stability. It does not allow the body to lean forward or backward thereby maintaining a constant center of gravity. The insert is a hard plastic(1/8") placed inside the shoe. The size of the shoe and the insert are the same. With the insert it is very difficult for the heels to lift off the floor. Why is this unique? Stability has never been emphasized because it has always been taught to lift the heels from the floor and stay in contact with the floor with the balls of the feet. This is why we have the problem of balance. Free Throws With Sole alleviates this problem and the skill level improves.
- J. This method using the insert has never ever been taught or performed in basketball clinics or seminars internationally. I'm a former high school and college coach. Over the years I have stayed very active in the game going to high school, college and



professional camps. Free Throws With Sole is an anomaly. It is the first of its kind.

- K. The invention is the technique with the insert. They go hand in hand. They both must be present to accomplish the task of stability. The end result is a higher skilled player. This conclusion has been arrived at by my endless hours of teaching at every level. I constantly get the same feedback, "why have we never been taught this before and what a difference the insert makes." The insert is made of hard plastic(1/8" thick). They will be manufactured in every size for boys, girls, men and women. The plastic is nothing out of the ordinary. Again it is the method and insert working as one.
- L. "Not Applicable"



	Application No.	Applicants						
	10/711,158	KARAVAS, DAN						
Office Action Summary	Examiner	Art Unit						
· <del></del>	Milra Aryanpour	3711						
The MAILING DATE of this communication app Period for Reply								
A SHORTENED STATUTORY PERIOD FOR REPLY IS SET TO EXPIRE 3 MONTH(S) OR THIRTY (30) DAYS, WHICHEVER IS LONGER, FROM THE MAILING DATE OF THIS COMMUNICATION.  - Extensions of time may be available under the provisions of 37 CFR 1.136(a). In no event, however, may a reply be timely filed after SIX (6) MONTHS from the mailing date of this communication.  - If NO period for reply is specified above, the maximum statutory period will apply and will expire SIX (6) MONTHS from the mailing date of this communication.  - Failure to reply within the set or extended period for reply will, by statute, cause the application to become ABANDONED (35 U.S.C. § 133).  Any reply received by the Office later than three months after the mailing date of this communication, even if timely filed, may reduce any earned patent term adjustment. See 37 CFR 1.704(b).								
Status								
1) Responsive to communication(s) filed on 27 A	ugust 2004.							
2a) This action is FINAL. 2b) ☑ This	2a) ☐ This action is FINAL. 2b) ☑ This action is non-final.							
3) Since this application is in condition for allowar	ice except for formal matters, pro	secution as to the merits is						
closed in accordance with the practice under Ex parte Quayle, 1935 C.D. 11, 453 O.G. 213.								
Disposition of Claims								
4) Claim(s) 1 is/are pending in the application.								
·	4a) Of the above claim(s) is/are withdrawn from consideration.							
5) Claim(s) is/are allowed.								
6)⊠ Claim(s) <u>1</u> is/are rejected.								
7) Claim(s) is/are objected to.								
8) Claim(s) are subject to restriction and/o	nd/or election requirement.							
Application Papers								
9)⊠ The specification is objected to by the Examine	ır.							
10)☐ The drawing(s) filed on is/are: a)☐ acc	epted or b) objected to by the	Examiner.						
Applicant may not request that any objection to the	drawing(s) be held in abeyance. Se	e 37 CFR 1.85(a).						
Replacement drawing sheet(s) including the correct	ion is required if the drawing(s) is ob	jected to.!See 37 CFR 1.121(d).						
11) The oath or declaration is objected to by the Ex	caminer. Note the attached Office	ACTION OF TORM PT U-152.						
Priority under 35 U.S.C. § 119								
12)☐ Acknowledgment is made of a claim for foreign	priority under 35 U.S.C. § 119(a)	)-(d) or (f).						
a)□ All b)□ Some * c)□ None of:	•							
1. Certified copies of the priority document	s have been received.	No						
2. Certified copies of the priority documents have been received in Application No								
3. Copies of the certified copies of the priority documents have been received in this National Stage								
application from the International Bureau (PCT Rule 17.2(a)).  * See the attached detailed Office action for a list of the certified copies not received.								
" See the attached detailed Office action for a list	or the certified copies not receive	-						
Attachment(s)	_							
1) Notice of References Cited (PTO-892)	4) Interview Summary Paper No(s)/Mail D							
2) Notice of Draftsperson's Patent Drawing Review (PTO-948) 3) Information Disclosure Statement(s) (PTO-1449 or PTO/SB/08)		Patent Application (PTO-152)						
Paper No(s)/Mail Date	6)  Other:	·						
U.S. Patent and Trademark Office								

U.S. Patent and Trademark Offic PTOL-326 (Rev. 7-05)

Office Action Summary

Part of Paper No. Mail Date 1

	19	06 02: 43P						p. 5		
					Reexam			nt(s)/Patent Under nination AS, DAN		
Notice of References Cited							Art Unit	<u> </u>		
					Milra Aryanpour 3711			Page 1 of 1		
				U.S. PA	TENT DOCUME					
*		Document Number Country Code-Number-Kind Code	Date MM-YYYY			Classification				
*	А	US-4,612,713	09-1986	Brown,	Dennis N.		36/44			
*	В.	US-4,592,154	06-1986	Oatman	, Donald S.			36/114		
*	С	US-5,138,776	08-1992	Levin, S	halom	· · · · · · · · · · · · · · · · · · ·	36/38			
*	D	US-5,152,081	10-1992	Hallenb	eck et al.			36/28		
*	Е	US-5,772,945	06-1998	Brown,	Brown, Dennis N.			264/258		
*	F	US-6,966,129	11-2005	<del></del>	n, David F.			36/25R		
*	G	US-6,712,722	03-2004	Mosley,	Gerald			473/450		
	H	US-		ļ						
	1	US-								
	J	US-								
	к	US-								
	L	US-								
	М	US-								
	-	•		FOREIGN	PATENT DOCUM	MENTS				
٠		Document Number Country Code-Number-Kind Code	Date MM-YYYY	Cı	ountry	Nar	ne	Classification		
	N			ļ						
_	0									
	P			ļ						
_	Q									
_	R									
4	s									
	·T		<u> </u>	L						
					TENT DOCUME					
4		Include as applicable: Author, Title Date, Publisher, Edition or Volume, Pertinent Pages)								
	u									
1	v			<u>,                                      </u>						
$\dagger$	w		,							

"A copy of this reference is not being furnished with this Office action. (See MPEP § 707.05(a).)

Dates in MM-YYYY format are publication dates. Classifications may be US or foreign.

X

U.S. Patent and Trademark Office PTO-892 (Rev. 01-2001)

Notice of References Cited

Part of Paper No. 1